

MONDAY

18:30 – 19:30	Aerial Hoop – Intermediate
19:30 – 20:30	Flexibility
20:30 – 21:30	Spinning Pole – Mixed Ability

TUESDAY

18:30 – 19:30	Class of the Term
19:30 – 20:30	Aerial Hoop – Beginner
19:30 – 20:30	Pilates

WEDNESDAY

18:30 – 19:30	Pole Fitness – Beginner/Intermediate
19:30 – 20:30	Flexibility
20:30 – 21:30	Pole Fitness – Intermediate/Advanced

THURSDAY

09:30 – 10:30	Pole Fitness – Beginner
10:30 – 11:30	Flexibility
20:00 – 21:00	Aerial Hoop – Beginner

FRIDAY

17:00 – 18:00	Circus Club
18:15 – 19:15	Pole Fitness – Beginner
19:15 – 20:15	Pole Fitness – Intermediate/Advanced

SATURDAY

No Classes

SUNDAY

11:00 – 12:00	Classy Choreo – Pole Dance
12:00 – 13:00	Open Pole & Aerial Training – Mixed levels

Class of the Term – Pay As You Go (per class)	£9.00
Pay As You Go (per class)	£12.00
Intro Offer – 2 Sessions for £20	£20.00
4 Session Class Pass	£40.00
Circus Club – 6 Week Term	£42.00
Class of The Term – 6 Week Course (1 class per wk)	£48.00
6 Week Class Pass – 1 Class per week	£55.50
6 Week Class Pass – 2 Classes per week	£87.00
6 Week Class Pass – 3 Classes per week	£103.50
6 Week Class Pass – Unlimited Classes	£120.00