

TIMETABLE

MONDAY

18:30 - 19:30	Aerial Hoop – Intermediate
19:30 - 20:30	Flexibility
20:30 - 21:30	Choreo – Pole Dance

TUESDAY

18:30 - 19:30	Class of the Term
19:30 - 20:30	Aerial Hoop – Beginner
19:30 - 20:30	Pole Fitness – Spinning (Mixed Ability)

WEDNESDAY

18:30 - 19:30	Pole Fitness – Beginner/Intermediate
19:30 - 20:30	Flexibility
20:30 - 21:30	Pole Fitness – Intermediate/Advanced

THURSDAY

09:30 - 10:30	Pole Fitness - Beginner
10:30 - 11:30	Flexibility
20:00 - 21:00	Aerial Hoop – Beginner

FRIDAY

18:30 – 19:30	Pole Fitness – Beginner
19:30 – 20:30	Pole Fitness – Intermediate/Advanced

SATURDAY

No Classes

SUNDAY

12:00 – 13:00 Open Pole & Aerial Training – Mixed levels



PRICE LIST

Class of the Term – Pay As You Go (per class)	
Pay As You Go (per class)	£12.00
Intro Offer - 2 Sessions for £20	£20.00
4 Session Class Pass	£40.00
Circus Club – 6 Week Term	£42.00
Class of The Term – 6 Week Course (1 class per wk)	£48.00
6 Week Class Pass – 1 Class per week	£55.50
6 Week Class Pass – 2 Classes per week	£87.00
6 Week Class Pass – 3 Classes per week	£103.50
6 Week Class Pass – Unlimited Classes	£120.00